

## **Product Information**

- sport fitness » outdoor gym and fitness equipment » hags fitness equipment » hags lat pull chest press
- cast in place yellow



# **HAGS Lat Pull & Chest Press**

8062009









Yellow – Cast In Place



4070 x 5050



## This two-in-one unit offers a comprehensive upper-body strength workout. The lat pull-down targets multiple muscles including the shoulders, biceps, core, and back, while the chest press focuses on the chest, abs, triceps, and deltoids. Strengthening these muscles improves posture and overall upper-body strength. The unit features a stylish design with curved lines, an ergonomic seat for back support, and comfortable sphere handles. Safety is prioritized with internal stoppers and rounded edges. The durable steel frame with powder-coating finishing provides excellent resistance against vandalism.

#### Icon Guide









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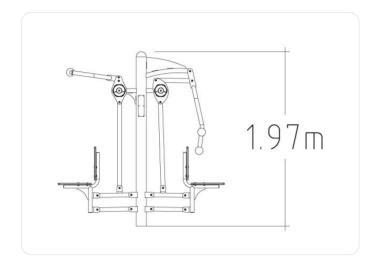


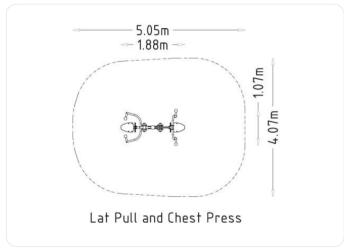






# **Technical Information**





Product Specifications	
Length (mm):	1880 mm
Width (mm):	1070 mm
Height (mm):	1970 mm
Net Weight:	154 kg
Safety Area Width (mm):	4070 mm
Safety Area Length (mm):	5050 mm
Safety Area :	18 m²
Fall Height (mm):	590 mm
Assembly Time:	3 hours

Product Materials		
Material	kg	%
Aluminum	11,7	7,6
Polyethylene recycled (PE)	4,3	2,8
Polyurethane solid (PUR)	0,2	0,2
Powder coating polyester	0,9	0,6
Powder Coating primer	0,9	0,6
Stainless steel	6,2	4
Thermo plastic elastomer (TPE)	0,5	0,4
Untreated Steel	128,9	83,9
	154 kg	100%

### Anchoring



cc Cast In Place

### **Technical Information**

- Download product installation guide
- **y** Download inspection and maintenance guide



### **Materials**

#### Our most common materials



**Structural Steel** is the ultimate recyclable choice. Our steel, which can be 100% reclaimed at the end of life, is built to last for generations, continuously rejoining the supply chain. Its durability, enhanced by our protective coatings, ensures a long lifespan, reducing ownership costs.



Nordic Pine Wood is responsibly sourced from certified Scandinavian forests. Our wood products, using this 'slow grown' Pine are known for their durability, with extended warranties. This aligns with sustainability practices, and HAGS' mission for environmental responsibility through carbon absorption and recyclability.



#### High Pressure Laminate (HPL)

incorporates recycled materials into our play equipment and furniture products, offering fire and slip resistance, texture, and choice of colour. With up to 34% SCS-Certified recycled content, our HPL exceeds wear and impact resistance standards, ensuring exceptional lifetime value.



FSC Certified Hardwood in various furniture products, signify a dedication to sustainability and quality. Renowned for durability and attractiveness, our hardwoods show excellent natural resistance to decay and insects, making them ideal for outdoor furniture.



**Steel Core Rope** offers exceptional durability, UV stability, and a soft touch for usres. Our customers will benefit from our in-depth expertise in ropes, connectors, and end fittings, ensuring they receive knowledgeable guidance tailored to their playground needs.



Recycled Plastic, EcoGrip used by HAGS, comprises 89% recycled polyethylene with a 2mm thick layer on one side.

Some furniture pieces feature recycled polyethylene slats. Plastic components can be reclaimed at the end of life, being sorted by type, for optimal future recycling.



**Aluminium** which is present in some HAGS products, utilises EN AW6060 T6 quality in extruded profiles, often treated with anodizing. Its high recycled content and ability to be reclaimed at the end of life, reduces environmental impact.



**Rubber**, synthetic (EPDM or SBR) or natural, excels at absorbing vibrations for impact dampers. HAGS uses reclaimed car tires for swing seats, ensuring an eco-friendly second life and safety by selecting tires made post-January 2010, complying with REACH requirements.



Fasteners are the collective name for all types of bolts, nuts and rivets etc. available from HAGS. Our fasteners have an important function to fulfil, so we place great emphasis on having the right type and high-quality fasteners.